IBH and Psychiatry: Where to begin?

2019 Integrated Behavioral Health Summit
Bozeman, Montana
September 24, 2019

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Vision for Mental Health Care in Montana

- Primary Care:
  - Collaborative Care
  - Project ECHO
  - Child Psych Access Line
  - School Based Health

- Specialty Care:
  - Outpatient Psychiatry
  - Tele-Psychiatry
  - Urgent Care Clinic
  - Interventional Psychiatry
  - Early Psychosis Clinic

- Emergent Care:
  - Emergency Department
  - Voi Detect
  - EmPATH Unit
  - Inpatient Psychiatry

- Training and Research:
  - ACES, SDOH, SUDs
## Principles of Care

<table>
<thead>
<tr>
<th>Principle</th>
<th>None</th>
<th>Some</th>
<th>Most/All</th>
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<tbody>
<tr>
<td><strong>1. Patient-Centered Care</strong></td>
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<td>Primary care and behavioral health providers collaborate</td>
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<td>effectively using shared care plans</td>
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<td><strong>2. Population-Based Care</strong></td>
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<td>Care team shares a defined group of patients tracked in a</td>
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<td>registry. Practices track and reach out to patients who are</td>
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<td>not improving and mental health specialists provide</td>
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<td>caseload-focused consultation, not just ad-hoc advice.</td>
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<td><strong>3. Measurement-Based Treatment to Target</strong></td>
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<td>Each patient’s treatment plan clearly articulates personal</td>
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<td>goals and clinical outcomes that are routinely measured.</td>
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<td>Treatments are adjusted if patients are not improving as</td>
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<td>expected.</td>
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<td><strong>4. Evidence-Based Care</strong></td>
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<td>Patients are offered treatments for which there is credible</td>
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<td>research evidence to support their efficacy in treating the</td>
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<td>target condition.</td>
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<td><strong>5. Accountable Care</strong></td>
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<td>Providers are accountable and reimbursed for quality care</td>
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<td>and outcomes.</td>
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Some Thoughts

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- Is your team on board?
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  • Do they think this is “just another program” to make the CEO happy?
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• Avoid cutting corners! Replicate the model with fidelity.
• Can all psychiatrists do this work?
Any Questions?