



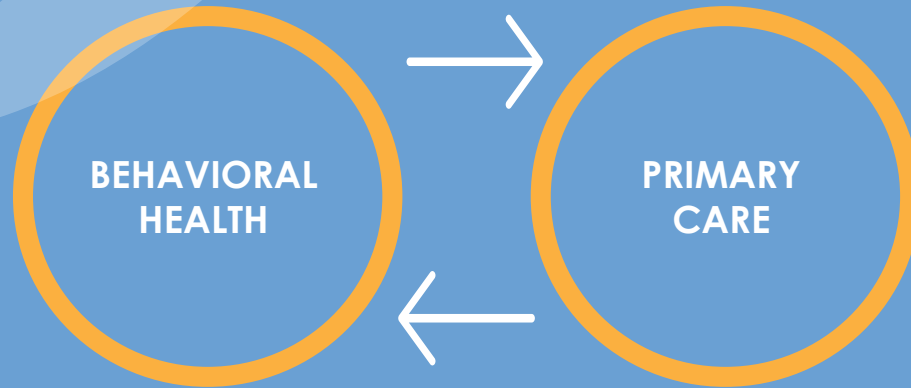
State of the Initiative

INTEGRATED BEHAVIORAL HEALTH



IBH Overview

Integrated Behavioral Health was our first initiative, started in 2016.



Initiative Goal & Strategy

Goal: Improving health outcomes and reducing costs through the widespread implementation of integrated behavioral health in primary care.

Strategy: This initiative provides funding for hospitals and clinics that provide primary care and are interested in integrating behavioral health services. All grantees receive technical assistance and data support from state and national experts.

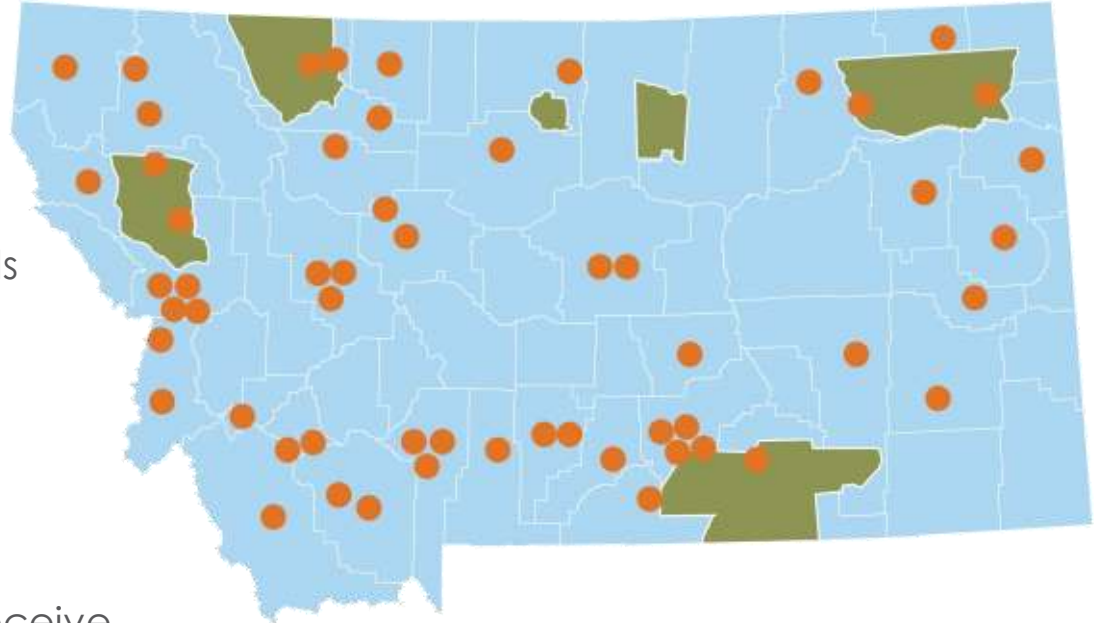


Where Is The Initiative Now?



This initiative has helped integrate behavioral health services into 57 primary care settings. Including:

- ① 9 of 11 large hospitals
- ① 31 of 45 critical access hospitals
- ① 3 of 5 urban Indian health centers
- ① All 14 federally qualified health centers



74% of adult Medicaid patients receive primary care in an integrated behavioral health practice.



IBH Technical Assistance Update

IBH Technical Assistance Program

MEET OUR TEAM



Liz Davies, LCSW
Program Officer
Joined MHCF February 2021



Lisa James
Program Officer
Joined MHCF April 2021

jg | RESEARCH &
EVALUATION

Brandn Green
Kate Salemo
Molly Neu
Logan Beskoon

TA Evaluation



Key Questions

- How do grantees value our support?
- How does TA help grantees implement IBH?
- How could we improve?

Evaluation Methods for IBH TA

- TA documentation by TA team in grants management system
- Post-event surveys
- Standard questions for grantees on interim and final reports
- Interviews (to be completed Fall 2022)

Timeline/History



Executed contract with JG
for data analysis
June 2021

JG began working with sites
August 2021

2022

MHCF Staff providing TA
March 2022 - Present

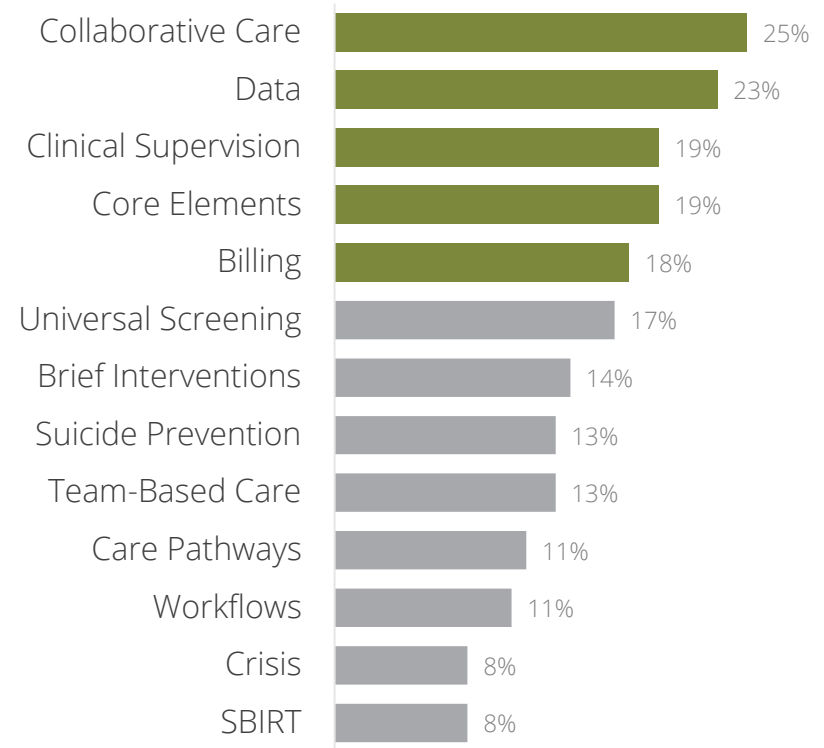
Transitioned TA from National Council for
Mental Wellbeing to MHCF Staff
March 2021 - February 2022

MHCF TA Activities

JANUARY – JUNE 2022

- **114** total TA encounters
- **17** grantees received TA
- **10** in-person site visits completed
- **Top 5 topics:**
 - » Collaborative Care
 - » Data
 - » Clinical Supervision
 - » Core Elements
 - » Billing

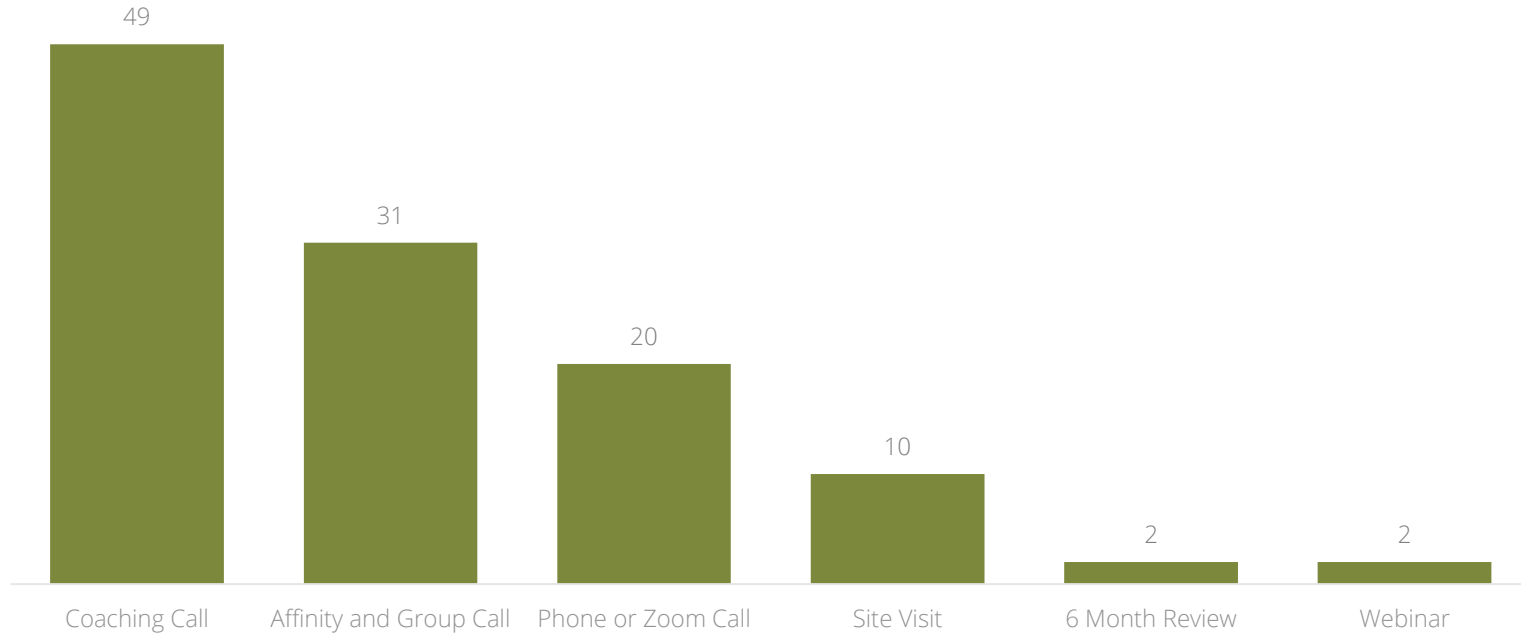
TA Topic Frequency



*Topics covered in less than 5% of encounters: CPC+, Care Coordination, Telehealth

Technical Assistance Methods

Q1-Q2 2022 TA ACTIVITY BY METHOD



On the Road

SITE VISITS

Together, the TA team logged nearly **6,000 miles** on the road between January and June!

They completed site visits to grantees in:

- Anaconda
- Baker
- Broadus
- Dillon
- Columbus
- Ennis
- Jordan
- Malta
- Plentywood
- Scobey



Billings Clinic
SITE VISIT



Impact, Value, Suggestions for Improvement

IN PARTICIPANTS' OWN WORDS



On interim and final reports we ask:

- What are the most important changes coaching or training have helped you make?
- What aspect of the support do you find most valuable?
- Is there anything MHCF could do to better support your project?

Other ways we collect qualitative feedback:

- Post-event online/paper surveys
- Interviews

“We so appreciate the patience the Foundation's staff bring to our partnerships and grant-funded projects.”

Thank you for helping us find solutions and being so continuously flexible with us!”



Pediatric Integration

Maximizing Access to IBH for Montana Children

STRATEGY

Goal: To develop our strategy for reaching this group, we worked with Medicaid to assess where these patients are being seen, and how many grants would be required to extend the initiative to this population.

We started by setting the same target that we established for adults in IBH: by 2023, **80% of pediatric Medicaid patients** will receive care in a practice that has been funded to begin implementing IBH.

To accomplish this goal, we would need to target free-standing private practices that serve as critical Medicaid “safety-net” providers in their communities.

This 80% target can readily be achieved by adding a few high-volume pediatric practices to the IBH initiative.

Analysis: Key Findings

MEDICAID DATA

TOTAL YOUTH	98,891	
Youth attributed to current or past IBH grantee	64,795	65%
Youth attributed to future IBH grantee	8,767	9%
Youth in IBH	73,562	74%
Youth not attributed to IBH grantee (past, current, or future)	25,329	26%
Goal	79,113	80%
<i>Difference</i>	5,551	
Youth with MH/SUD Dx	27,933	28%



Questions?

Thank You.

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